

Personal Manifesto



Who are you?

Steps to creating your personal manifesto:

Step 1: Title your life narrative (what's the end game?)

Step 1b: Declare who you are. Create a list of words, positions, titles--whatever makes up you, your work or your essence

Personal Manifesto



What do you stand for?

Step 2: Create 3 list --Personal Mission, Vision, and Values

Mission

Vision

Values

Personal Manifesto



Quotes, Phrases, Mottos and Words

Step 3: Write down quotes, phrases, mottos, and/or words you live by

Step 4: Creatively make your Manifesto (hand write it, use canvas, type it out--allow yourself to be creative and have fun with this. Then hang it somewhere you can see it.

You can start with phrases like:

I love...

I believe...

I stand for...

I am committed to...

Show up

Be who you are here to be.
Don't sugar coat it.
Don't hide behind some fabricated
version of it.
Show up boldly.
Show up Authentically.
Show up with purpose.
Show up with meaning.



Tiffany Lanier, Founder of
The Morning Shift Co.

**Do
More of
What
Lights
You Up.**

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